



Celebrating  
**32 YEARS**  
OF

Unifying through the Artistic Experience



# **RASA ANNUAL REPORT**

## **2021 -2022**

# CONTENTS

1. Directors Message
2. Vision & Mission
3. About Our Organisation RASA
4. Theatre Arts learning Centres
5. Celebrations & Happenings in RASA
6. RASA Aadharan
7. RASA Out Reach Program
8. RASA Online Classes
9. RASA Arpita
10. Cultural Performance & Festivals by RASA
11. Courses Offered by RASA
12. RASA Anbudan
13. RASA Vendors
14. RASA Cultural Centre
15. Classes in India Cultural Heritage
16. Natyarasalahari & Workshops
17. RASA web channel
18. RASA's Social Media
19. Media coverage about RASA
20. RASA's Audited Statement
21. RASA's Team
22. RASA's Donors
23. RASA's Testimonial
24. Wish List

## **DIRECTOR'S MESSAGE**

**Dr. Ambika Kameshwar**



RASA is a space that provides a multitude of artistic experiences and meaningful interactions. Last year has been truly fulfilling, filled with growth, inspiration, and a deep sense of belonging among the RASA family.

One of the highlights of this year has been the diverse range of artistic experiences that we have had the opportunity to engage in. From performances that showcased the talent of the students and team of RASA to thought-provoking workshops, every artistic encounter has provided for a deeper enrichment of those who participated in the sharings.

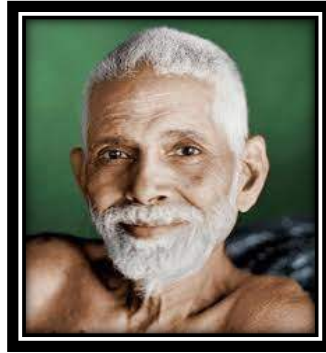
Personally too, each experience has pushed the boundaries of the creativity of the team and allowed us to explore new mediums and techniques. The energy of the diverse participants in the same contributed greatly to the joy of the experiences as well.

What is most beautiful is that RASA provides a supportive and nurturing environment, where the RASA family members can exchange ideas, and provide each other genuine encouragement.

Everything in RASA is a constant reminder of the fact that the power of art inspires the best in everyone and everything, and allows one to surrender to the Supreme in the manner fit.

I am grateful to God for having allowed RASA a most fulfilling post pandemic year.

# RASA'S MOTTO, VISION, MISSION



## OUR MOTTO

उद्धरेद् आत्मना आत्मानम्

Elevate Oneself by Oneself.

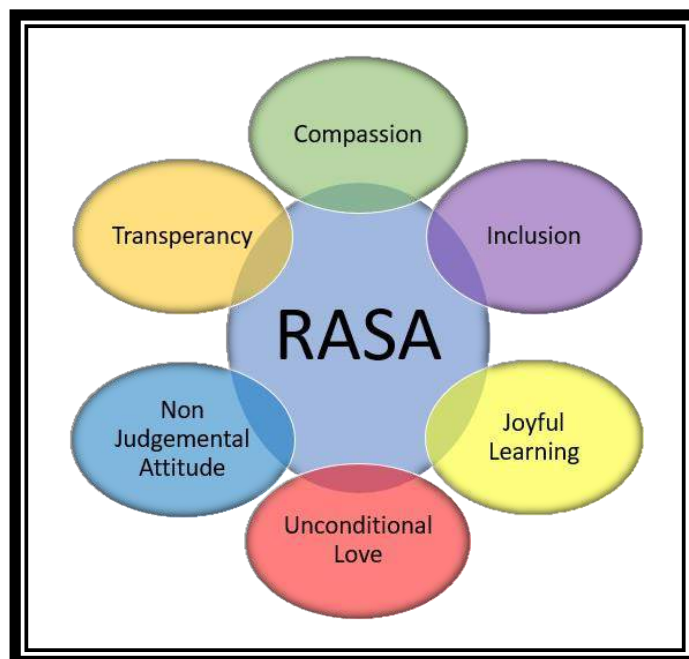
(Bhagavad Gita, Chapter 6, Verse 5)

## VISION

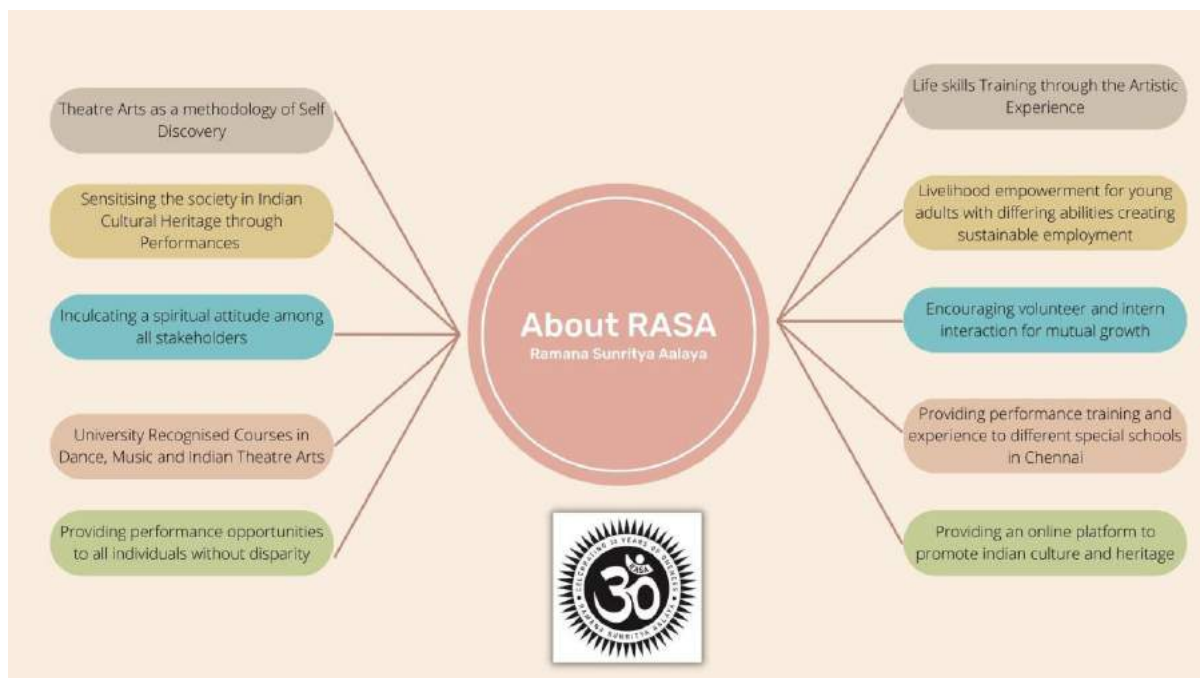
Unifying through the Artistic Experience.

## MISSION

Facilitating the discovery of one's own potential and fostering the holistic development of the same through training and performance of Indian Theatre Arts.



# ABOUT OUR ORGANISATION - RASA



## About RASA

**RASA – Ramana Sunritya Aalaya** was founded in 1989 by **Dr. Ambika Kameshwar** with the vision to empower one and all, through the Theatre Arts experience. Today, RASA stands as a 34 year old organisation with a multi-pronged approach to inclusion and transformation. This could not have been achieved without the support of our Staff, Donors, Partners and Parents. By God's Grace we have been able to consistently run several activities that have created a long-term positive impact on our beneficiaries.

RASA is a unique organization which focuses on the holistic development of each individual through experiences of Music, Dance, Drama, Story-Telling and other aspects of Theatre. **This innovative methodology** used to foster Holistic Development is called **Theatre Arts for Holistic Development (TAHD)**.

Ambika Kameshwar, the founder of RASA, developed Theatre Arts for Holistic Development (TAHD), and after intensive research and successful application. Theatre Arts for Holistic Development uses creative arts like Dance, Music, Drama, Story-telling and Art and Craft as tools of learning. In our three Theatre Arts Learning Centres located in Thiruvannamiyur, Greenways Road, Chennai and Aadharam, Bangalore, we have approached learning and teaching innovatively by following means ;

- Providing Indian Theatre Arts without disparity to one and all through **outreach programmes** and build **Theatre Art Learning Centres** which promotes performance training performances.
- Enabling individuals to realize their potential through **Theatre Arts Learning Centres** which facilitate self-exploration and holistic development.
- Developing Livelihood Division in which children are made to become independent individuals which in turn boosts their self confidence.
- Creating Theatre Arts for Holistic development (TAHD) professionals through **PG Diploma, Workshops and Short-term training programmes**.
- Facilitating development of TAHD methodology through **Research and Documentation**

We at RASA through Theatre Arts for Holistic Development program using the different aspects of theatre to promote **holistic development** in children. TAHD is based on the belief that theatre can be used to help children develop their **physical, emotional, social, and cognitive skills**. The program uses a variety of activities, including dance, music, mime, drama, and arts and crafts, to create a fun and engaging learning environment.

# RASA – OUT REACH



Through the outreach programme RASA reaches out to special schools in Chennai once a week. Keeping in mind the specific need of the children the session plans are designed to address independent goals like improving attention span, group cohesiveness, expression of emotions, social behavior etc. As a fruition of the inputs and training given, the students are given opportunities to perform, share their experiences and showcase their talents on several performance platforms.

The special schools we reached out to in the year 2021-2022 are :

**Pathways Special school**

**Anbu Malar Special School**

**Dr.MGR Home & Higher Secondary School for the Speech and Hearing Impaired**

**MGR Janaki College – Special Section for the hearing and speech impaired**

**Gowrin Special School**

**Andhra Mahila Sabha**

Theatre is all about reclaiming our innate capacity as human beings for creative experiences of an individual and collective human experience in an artistic form.

It helps integrate mind body and spirit holistically.

As part of the varied activities of rasa in spreading and reaching out through the methodology of TAHD, the outreach programme is an integral part of the organization. Several special schools have benefitted by the weekly theatre classes by RASA's facilitators. For the adult group the focus is on body and spatial awareness, sequential movement, and increased communication skills. Values were taught through drama and story. Training them for stage performance was also the focus.

For the younger children also , RASA always keeps in mind the specific needs of the children the sessions are designed to address independent goals. Performance training is also imparted.

The children are trained and seamlessly integrated into RASA's Annual Day to perform along with the other differently abled students.

As more awareness spreads about the methodology and the organization one would wish for more students to benefit from the magic of theatre.

The feedback from the schools has been rewarding. The teachers feel that these children after a TAHD session are able to settle down and focus better in the class.

# Theatre Arts Learning Centres



## Theatre is life and life is Theatre

Theatre arts can be used as a tool to empower any individual to his / her highest potential.

Dr. Ambika Kameshwar has created a methodology called **Theatre Arts for Holistic Development** which focuses on the overall empowerment of one and all.

RASA has three centres facilitating life skills training in Chennai and has a centre at Bangalore as well.

- RASA Srishti
- RASA Sriyam
- RASA Abhyasa
- RASA Aadharan (Bangalore)

All the centres focus on life skills development through the tools of Indian Theatre. Education as well as life skills training is imparted to the adults with differing abilities and the modules are individual specific.

The community served by RASA ranges from toddlers to senior adults with differing abilities. There are around 70 full time differently abled students in RASA

We have a set of trained staff who take care of each student's progress on a periodic basis.

# RASA LIVELIHOOD UNITS



We at RASA aim to provide self-confidence and independence to people with differing abilities by empowering them with relevant skills and help them live their best lives.

The focus of the Livelihood Division is to provide special employment opportunities for youth and persons with differing abilities and enable them to become economically independent through specialized training.

RASA picks out students trainable in Arts and Crafts to make products such as jewellery, trays, file folders, photo frames, bags and several other products, and provides a stipend to these special artisans.



# RASA ONLINE CLASS

RASA has slowly started preparing to call in the special students for physical classes. A hybrid model is being worked out for the same.

Online classes, will however continue as we are able to reach many young students with differing abilities across the globe.

Some pictures of Yoga class, Story, Drama and Art work.

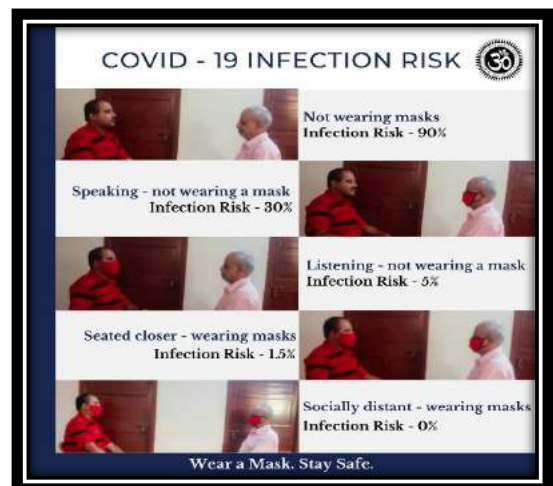
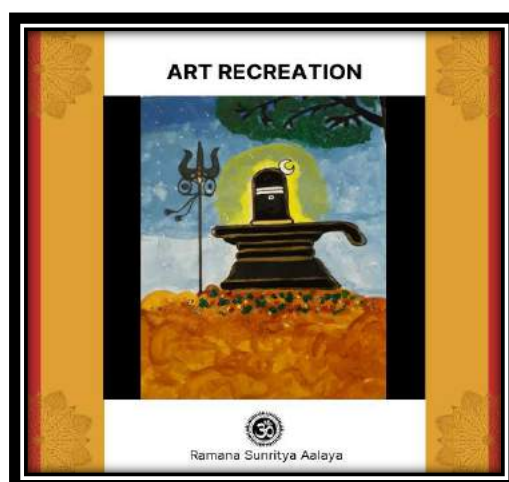
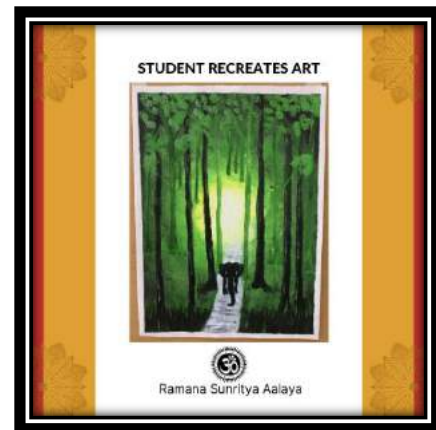
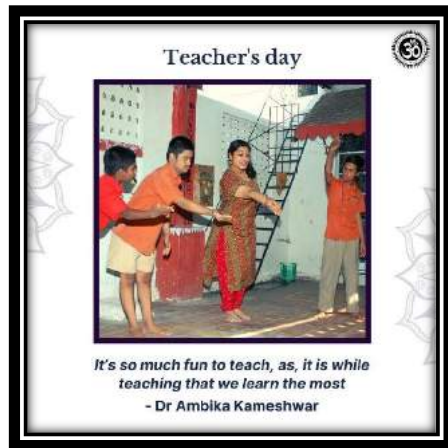


# CELEBRATIONS & HAPPENINGS IN RASA's SPECIAL CENTRES

We celebrated the following festivals at RASA's Special Centres. Most of them was Celebrated online due to pandemic.

- **Ramanavami**
- **Earth Day**
- **Awareness of wearing Mask due to covid 19**
- **Independence Day**
- **Teachers Day**
- **Celebrations on the completion of 32 years**
- **Karthigai Deepam**
- **Deepavali**
- **World Theatre Day**
- **Christmas & New year 2022**
- **Pongal**







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## **RASA – AADHARAN**

### **Bangalore Centre**



Located on Bengaluru's bustling Sampige Road in Malleshwaram is the truly unique Rasa Aadharan, a centre for children and adults with special needs. Committed to the holistic development of special students, Rasa Aadharan is a branch of RASA, Chennai.



For the uninitiated, TAHD refers to a methodology of using fine arts like dance, drama, music and Storytelling in the rehabilitation programme. TAHD is based on the underlying principle that each person has an inherent sense of rhythm, movement and dramatic skills that can be tapped and channelized in order that they realize their complete potential. This method is especially effective in people with special needs as it is scientifically structured to meet their needs. Complimented with the use of various therapeutic techniques like physiotherapy, speed therapy and psychotherapy, TAHD is known to help such individuals achieve and improve their optimum level of functioning.





At Aadharan new students were enrolled in June and the first month was a period of observation during which the special requirements of the students were studied and a structured plan put in place. This also include a visit to the homes of the students so that no important information was missed out. All lesson plans and activities chalked out for the year were vetted by RASA.

Once the students settled in, they engaged in all sorts of activities that were planned in such a way that they became aware of not only the minds and bodies but also their capabilities. A typical day in RASA Aadharan starts with a prayer and a session of physical movements including yoga. The morning session has music, dance or drama sessions. Each day is unique and has a mix of different activities. The warm up and yoga sessions are aimed at developing flexibility, concentration and body control. While dance and movements sessions help in improving mobility, music helps in honing listening skills and also in grasping number concepts. Drama greatly aids in developing social and emotional skills. Story, script and dialogue facilitate speech development and reading and writing skills.

## Other activities

In the last year, Aadharan included a number of fun activities once a month on a Saturday like fancy dress, rangoli and cooking competitions. "The whole idea is to make the students feel empowered and do something on their own while learning. For Instance, we taught them the concept of colours during the Rangoli competition and for the cooking day, we had the students shop for all the materials on their own and actually cook by themselves. The focus is on functional academics," adds Rupa. They have also earned the unique distinction of participating in a cultural event organized by Ranjani Kala Kendra wherein they created a Guinness World Records for 100 hours of non-stop cultural programme at Freedom Park, Bengaluru.



# **RASA – A.R.P.I.T.A.**

**(Academy for Research and Performance of Indian Theatre Arts)**



Classes in structured dance and music is taught at RASA - ARPITA (Academy for Research and Performance of Indian Theatre Arts) since 1985.

Regular classes in Structured Dance (Bharatanatyam) and Carnatic Classical Music were conducted as the main activity of RASA ARPITA.

Classes were taken regularly online and at RASA Greenways Raod, Chennai.

Sloka Classes are taken for young children who are interested to learn about our Indian Culture and Heritage.

RASA ARPITA conducted various Events through the year.

## EVENTS LISTS

S. No.	Event By	Event Detail	Date/Month/Year	Venue
1	RASA	Bharathi Kanda Sakthi	03.12.2021	Krishna Gana Sabha
2	RASA	Kala Rasa Mahotsavam	1 <sup>st</sup> Jan to 8 <sup>th</sup> Jan' 2022	Online
3	RASA	Shivarathri Festival	1 <sup>st</sup> to 4 <sup>th</sup> Mar' 2022	Online
4	RASA	RASA Kalai Kuzhu Programme	18.03.2022	R.C.C.
5	RASA	RASA Year End Cultural Festival (Vocal)	23.03.2022	N.G.S. Mini Hall
6	RASA	RASA Kalai Kuzhu Programme (Drama)	24.03.2022	N.G.S. Mini Hall
7	RASA	RASA Year End Cultural Festival (Ramana Charithram)	25.03.2022	N.G.S. Mini Hall

# NATYARASALAHARAI - 2021



RASA – Ramana Sunritya Aalaya  
proudly presents

## Natyarasalahari 2021 MUSIC FOR NATYA

Paper presentations by Young Gurus/Research Scholars  
in the presence of expert panelists

**SMT. CHITRA  
VISWESWARAN**



**Founder & Director -  
CAPA**

**DR. AMBIKA  
KAMESHWAR**



**Founder & Director -  
RASA**

**DR. SARADA  
NATARAJAN**



**President, RMCL,  
Bangalore**

**ON SEPTEMBER 5TH, 12TH, 19TH & 26TH**  
3:00 pm to 5:00 pm

Available to Watch on **Zoom**

RASA - Ramana Sunritya Aalaya  
proudly presents

**Natyarasalahari 2021 - MUSIC FOR NATYA**  
Paper presentations by Young Gurus/Research Scholars

**Schedule | 3rd October 2021**

**03:00 PM | Mrs Jayashree Natarajan**  
Program Executive - RASA Web Channel

**03:15 PM | Mrs Anuradha Ramesh**  
Faculty, Department of Bharatanatyam, University of Silicon Andhra

**03:30 PM | Ms Uma Sripathy**  
Student Division Coordinator at Ramana Maharshi Centre for Learning

**03:45 PM | Mrs Ramya Suresh**  
Music Teacher at Chettinad Vidyashram

**04:00 PM | Dr Sujatha Mohan**  
Director, Padmasree Nrithyalaya & Head Dept of Natya, Dr MGR Janaki College of Arts & Science for Women

**04:15 PM | Dr P Indira Hema**  
Asst. Lec Bharatanatyam at Sri Tyagaraja Govt Music & Dance College, Hyderabad

**04:30 PM | Feedback from Panelists**  
Smt Chitra Visweswaran : Director, Chidambaram Academy of Performing Arts  
Dr Sarada Natarajan : President, Ramana Maharshi Centre For Learning  
Dr Ambika Kameshwar : Director, RASA

*Register now to watch it on Google Meet.*

RASA - Ramana Sunritya Aalaya  
proudly presents

**Natyarasalahari 2021 - MUSIC FOR NATYA**  
Paper presentations by Young Gurus/Research Scholars

**Schedule | 26th September 2021**

**03:00 PM | Dr. S.Divyasena**  
Founder & Director - Divyanjali, Lecturer - Silicon Andhra University & Guest Faculty - Christ University

**03:15 PM | Dr. Vaishnavi Poorna**  
Deputy Director - Ramana Sunritya Aalaya

**03:30 PM | Kum. Revathi Sankar**  
Senior Artist and Faculty - Ramana Maharshi Centre for Learning

**03:45 PM | Ms. Vijayalakshmi Gopalakrishnan**  
Research Scholar and Bharatanatyam Dancer

**04:00 PM | Dr. Nithyakalyani**  
Chief Scientist - Apollo Hospitals & Centre Head - RASA Arpita, Nanganallur

**04:15 PM | Smt. V Radha**  
Music Teacher & Music Director - Ramana Maharshi Centre for Learning

*Register now to watch it on Google Meet.*

RASA's Natyarasalahari 2021 Festival was presented this year & the topic 'Music for Natya' and a visual treat of paper presentations by Young Gurus and Research Scholars.

The event was scheduled for September 5th, 12th, 19th & 26th between 3 pm and 5 pm in the presence of expert panellists Smt. Chitra Visweswaran, Dr. Ambika Kameshwar, and Dr. Sarada Natarajan. The performances was online on Zoom for a comfortable view-at-home experience.

RASA - Ramana Sunritya Aalaya  
proudly presents

**Natyarasalahari 2021  
MUSIC FOR NATYA**  
Paper presentations by Young Gurus/Research Scholars

**Schedule | 5th September 2021**

**03:00 PM | Shri. Ujwal Jagadeesh**  
Senior Artiste & Faculty, Ramana Maharshi Centre for Learning, Bengaluru

**03:25 PM | Smt. Rupa Hemanth**  
Centre head, RASA Aadharan, Bengaluru A branch of RASA, Chennai

**03:50 PM | Ms. Sai Sruthi B**  
Artiste

**04:15 PM | Smt. Vanee Gayathri Bala**  
B.Com., M.Dance, M.Phil, Ph.D.,  
Dance Director of Vanee Kalalaya Heaven of Fine Arts Chennai

*Register now to watch it on Google Meet.*

# Classes in Indian Cultural Heritage

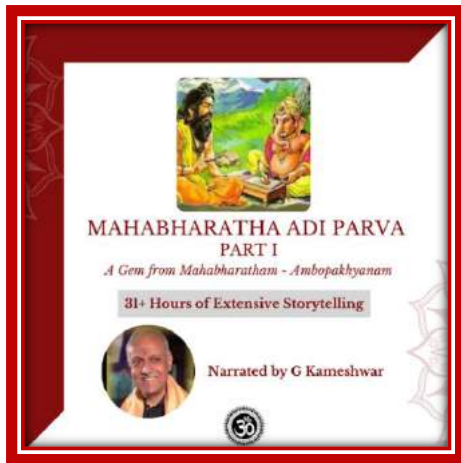


Our country is rich in its Culture and Heritage. RASA feels blessed to preserve and spread awareness about our rich Indian culture and heritage through regular classes in Ramayana And Mahabharata by Sri G. Kameshwar and Vedanta sharing by Dr. Ambika Kameshwar.

Sri G. Kameshwar covers rare stories from the Mahabharata from the Adi Parva and Sabha Parva to a select consistent audience in the virtual mode.

These classes which has its focus on education and information on the Indian Cultural Heritage Awareness and Experience are conducted by G. Kameshwar who does extensive research and shares his vast knowledge on the Ramayana by Poet Valmiki. Mr. Kameshwar not only shares descriptively the story of Ramayana but also simultaneously quotes from a lot of other Sanskrit and Tamil literature and spiritual texts.

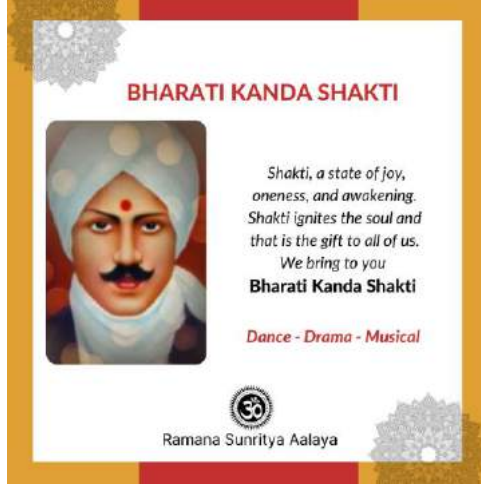
Dr. Ambika Kameshwar shares insights from the Bhagavad Gita and how those values can be applied in our daily life.



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# BHARATHI KANDA SHAKTHI



**தமிழ்நாடு இயல் இசை நாடக மன்றம்**  
(தமிழ்நாடு அரசு கலை பண்பாட்டுத் துறை)  
மற்றும்

**ஸ்ரீ கிருஷ்ண கான சபா, சென்னை**  
இணைந்து வழங்கும்

**நாட்டிய நாடக விழா**

2021, டிசம்பர் 2, வியாழக்கிழமை, மாலை 06.00 மணி  
மற்றும்

2021, டிசம்பர் 3, வெள்ளிக்கிழமை, மாலை 06.30 மணி

**இடம் :**  
**"ஸ்ரீ கிருஷ்ண கான சபா", சென்னை**  
எண்.20, மகாராஜாபுரம், சந்திராபம் சாலை, தியாகராய நகர், சென்னை- 600 017.

02-12-2021 (வியாழக்கிழமை)	மாலை 06.00 மணி	தொடக்க விழா	
	மாலை 06.00 மணி	திருப்பாடித்துறை அன்பின் "ஆத்மா நாடக கலைக்கூடம்" புத்தல் நடப்பு-நடகம்	"பிரகருதி தாண்டவம்"
03-12-2021 (வெள்ளிக்கிழமை)	மாலை 06.30 மணி	முனைவர். ஆம்பிக் காவேஷ்வர் அவர்கள் "வண சங்குத் தூதர்" (ரண்) புத்தல் நடப்பு-நடகம்	"பாரதி கண்ட சக்தி"

தங்கள் வருகையை அன்புடன் எதிர்பார்ப்போம்

**டாக்டர். நல்லி குப்புசாமி செட்டி**  
தலைவர்

**வாகை சந்திரசேகர்**  
தலைவர்

**திரு. ஓ.பி.மியு**  
பொதுச் செயலாளர்  
(ஸ்ரீ கிருஷ்ண கான சபா)

**மு.இராமகவாம்**  
உறுப்பினர் - செயலாளர்  
(தமிழ்நாடு இயல் இசை நாடக மன்றம்)

## BHARATHI KANDA SHAKTHI - PHOTOS



# Mahashivaratri Nrithya Stuti Festival 2022



## RASA's Mahashivaratri Sangeetha Nrityotsvam



Programme Supported by Ministry of Culture, Govt of India

### Day 1 | March 1st 2022 | 7.00 PM

**"Who is Shiva?"** - A Musical Discourse by Dr Ambika Kameshwar  
accompanied by  
Umayalapuram Sri Kalyanaraman - Mridangam  
Sri CK Vijayaraghavan - Violin



### Day 2 | March 2nd 2022

R S Srishti and Party - Vocal | 7.00 PM  
Narmadha Janarthan - Bharatanatyam | 7.30 PM  
N Subhaalakshmi Bhat and N Meenakshi  
- Bharatanatyam (Duet) | 8.00 PM



### Day 3 | March 3rd 2022

V Yadushree and Party - Vocal | 7.00 PM  
Revathi Sankar - Bharatanatyam | 7.30 PM  
Swati Potulwar - Kathak | 8.00 PM



### Day 4 | March 4th 2022

R S Adhvaith - Flute | 7.00 PM  
Ujwal Jagadeesh - Bharatanatyam | 7.30 PM  
Revathi Balasubramaniyan and  
Apoorvalakshmi Sriram - Bharatanatyam (Duet) | 8.00 PM  
Janani Sankaran - Bharatanatyam | 8.30 PM

rasa.theatrearts

RASA Web Channel

Ramana Sunritya Aalaya



**RASA's Mahashivaratri  
Sangeetha Nrityotsvam**



Programme Supported by Ministry of Culture, Govt of India

**DAY 1 | MARCH 1ST 2022 | 7.00 PM**



**"Who is Shiva?"**

**A Musical Discourse by Dr Ambika Kameshwar**

accompanied by

Umayalapuram Sri Kalyanaraman - Mridangam

Sri CK Vijayaraghavan - Violin



**RASA's Mahashivaratri  
Sangeetha Nrityotsvam**



Programme Supported by Ministry of Culture, Govt of India

**DAY 2 | MARCH 2ND 2022**



**R S Srishti and Party**  
Vocal  
7.00 PM



**Narmadha Janarthan**  
Bharatanatyam  
7.30 PM



**Ujwal Jagadeesh**  
Bharatanatyam  
8.00 PM



**RASA's Mahashivaratri  
Sangeetha Nrityotsvam**



Programme Supported by Ministry of Culture, Govt of India

**DAY 4 | MARCH 4TH 2022**



**V Yadushree and Party**  
Vocal  
Disciples of  
Shri Delhi V Muthukumar  
7.00 PM



**Revathi Sankar**  
Bharatanatyam  
Disciple of  
Smt. Rupa Hemanth  
7.30 PM



**Swati Potulwar**  
Kathak  
Disciple of  
Prerana Deshpande  
8.00 PM



**RASA's Mahashivaratri  
Sangeetha Nrityotsvam**



Programme Supported by Ministry of Culture, Govt of India

**DAY 4 | MARCH 4TH 2022**



**R S Adhvaith**  
Flute  
Disciple of  
Kalaimamani K. V. Ramanujam  
7.00 PM



**N Subhaalakshmi Bhat &  
N Meenakshi**  
Bharatanatyam (Duet)  
Disciple of  
Smt. Anusha Natarajan  
7.30 PM



**Revathi Balasubramanian and  
Apoorvalakshmi Sriram**  
Bharatanatyam (Duet)  
Disciple of  
Dr. Ambika Kameshwar  
8.00 PM



**Janani Sankaran**  
Bharatanatyam

Disciple of  
Dr. Ambika Kameshwar  
8.30 PM

# Mahashivaratri Nrithya Stuti Festival

2022 – PHOTOS






# MARGAZHI KALA RASA MAHOTSAVAM 2021-2022

## With Lions Club Of South Madras

Kala RASA Mahotsavam is the Annual Margazhi Festival by RASA. This festival is an amalgamation of Music, Dance, and Drama. This year, it is an online festival showcasing various performances ranging from Carnatic vocal music to a drama act.



**JANUARY 1, 2022**  
"Ezhundiraay" - The Wake Up Call - A musical discourse by Dr Ambika Kameshwar With Selections from Andai's Tiruppavai, Manikkavasagar's Tiruvembavai and Ramana Tiruvembavai of Muruganar and Sadhu Om

**JANUARY 2, 2022**  
Gnana Deepam - Drama By Mali Stage

**JANUARY 3, 2022**  
Festival of Dance - Odissi by Guru Sannhita Basu Ghose and Troupe




**JANUARY 4, 2022**  
Carnatic Classical Vocal by Sri Sikkil Gurucharan and Party

**JANUARY 5, 2022**  
Galatta Kudumbam - Drama by Maapilai Ganesh

**JANUARY 6, 2022**  
Yaattirai Kandam - The journey of Bhagavan Sri Ramana Maharshi to Arunachala - A theatre presentation by Dr Sarada, Dr Ambika Kameshwar and Artistes of Ramana Maharshi Centre for Learning Bangalore

**JANUARY 7, 2022**  
Carnatic Veena Duet by Veenai Dampati - Jeyaraaj and Jaysri

**JANUARY 8, 2022**  
The story of Thyagaraja - a Theatre presentation by Special artistes of RASA followed by  
**'Together in Art' -**  
Vocalists - Mambalam Sisters and Dancers Smt. Radhika Shurajit and Smt. Shobanaa Bhalchandra in conversation with Dr Ambika Kameshwar - sharing thoughts about their journey and how it feels for two peas from the same pod to be bound professionally as well

 rasa.theatrearts  RASA Web Channel  Ramana Sunritya Aalaya

**DAY 1 : 1<sup>st</sup> JAN 2022**

Our first performance of the festival and the year - '**Ezhundiraay**' - The Wake Up Call, a musical discourse by **Dr. Ambika Kameshwar**.

Accompanied by:

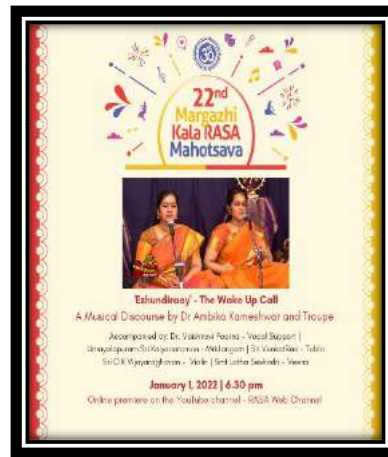
**Dr. Vaishnavi Poorna** - Vocal Support

**Umayalapuram Sri Kalyanaraman** – Mridangam

**Sri VenkatRao** – Tabla

**Sri C K Vijayaraghavan** – Violin

**Smt Latha Seshadri** - Veena

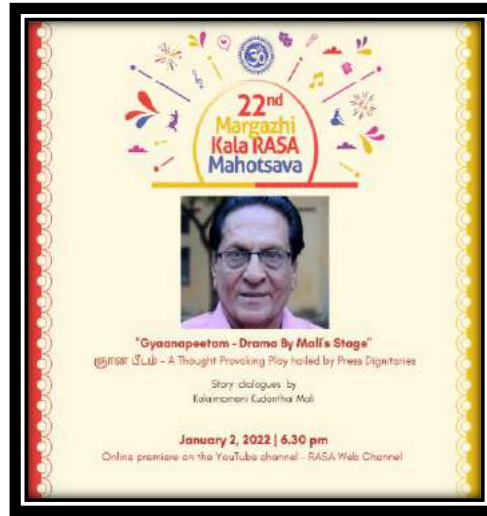


**DAY 2: 2<sup>nd</sup> JAN 2022**

Mali's Stage presents Gyaanapeetam

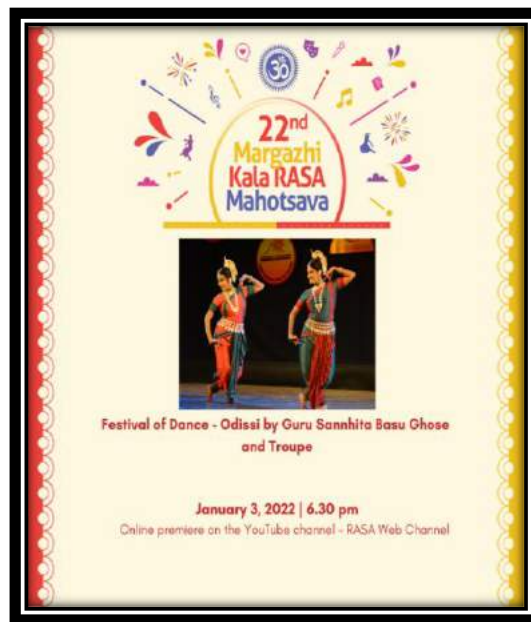
ஞான பீடம்: A thought provoking play hailed by press Dignitaries.

Story dialogues by **Kalaimamani Kudanthai Mali**



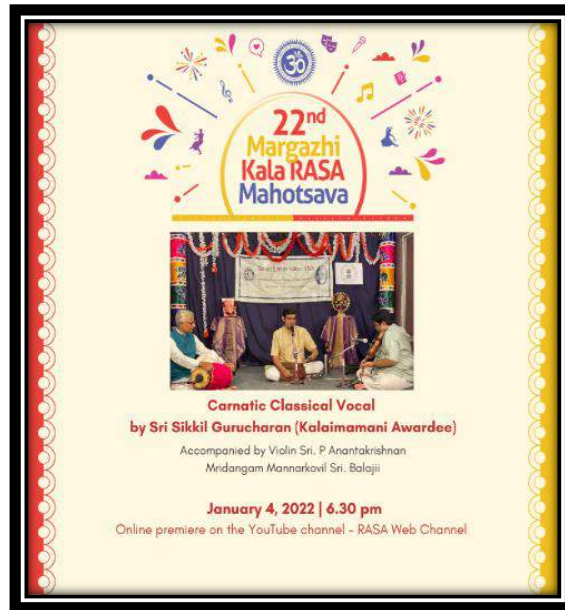
**DAY 3: 3<sup>rd</sup> JAN 2022**

An Odissi dance performance - Odissi by **Guru Sannhita Basu Ghose and Troupe.**



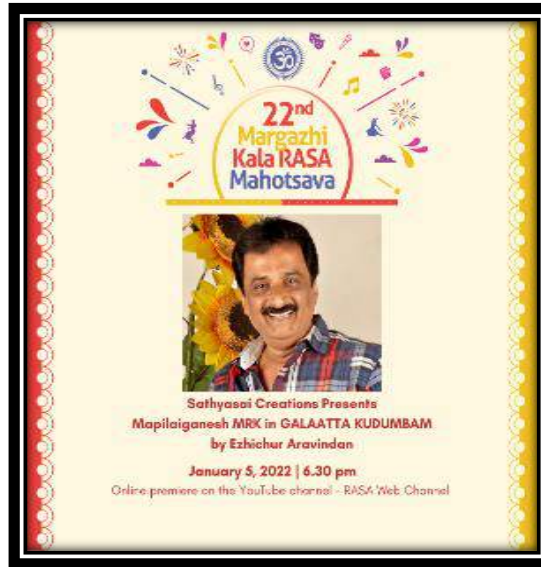
**DAY 4: 4<sup>th</sup> JAN 2022**

A Carnatic Classical Vocal by **Sri Sikkil Gurucharan (Kalaimamani Awardee)**, accompanied by **Sri. P Anantakrishnan** on the Violin and **Mannarkovil Sri. Balaji** on the Mridangam.



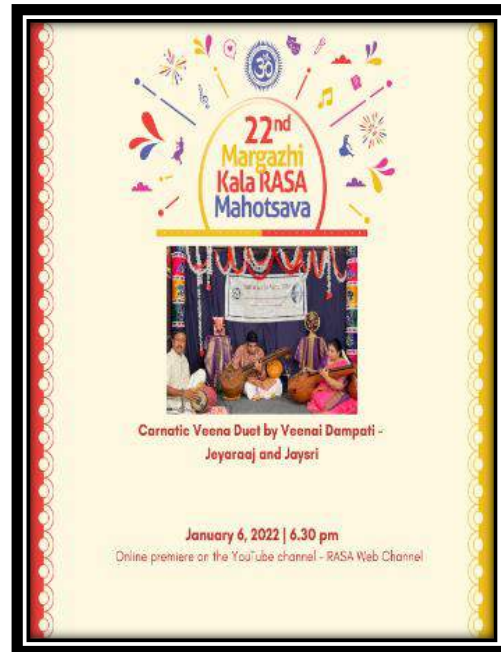
**DAY 5: 5<sup>th</sup> JAN 2022**

A drama by **Ezhichur Aravindan** - Mapilaiganesh MRK in GALAATTA KUDUMBAM.



**DAY 6: 6<sup>th</sup> JAN 2022**

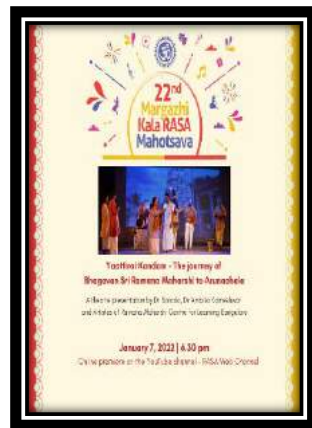
A Carnatic Veena Duet by **Veenai Dampati - Jeyaraaj and Jaysri.**



**DAY 7: 7<sup>th</sup> JAN 2022**

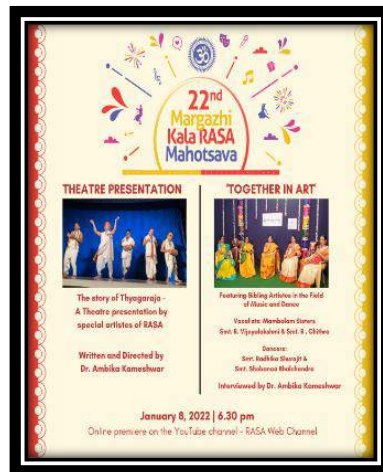
**Yaattirai Kandam** - The journey of Bhagavan Sri Ramana Maharshi to Arunachala (Part1 & Part 2).

A theatre presentation by **Dr. Sarada, Dr. Ambika Kameshwar** and **Artistes of Ramana Maharshi Centre for Learning Bangalore.**



**DAY 8: 8<sup>th</sup> JAN 2022**

**The story of Thyagaraja - A Theatre presentation by special artistes of RASA and TOGETHER IN ART featuring Sibling Artistes in the Field of Music and Dance – Vocalists: Mambalam Sisters - Smt. R. Vijayalakshmi & Smt. R. Chithra and Dancers : Smt. Radhika Shurajit & Smt. Shobanaa Bhalchandra in conversation with Dr. Ambika Kameshwar.**



# RASA'S YEAR END FESTIVAL – 2022



RASA's Year End Festival 2022 is here with some lovely performances for 3 days. The performances watched live at Narada Gana Sabha, Chennai from 6.30 PM from 23rd March 2022 to 25th March 2022 with the Covid protocols. The same was also live-streamed on our RASA Web Channel (YouTube) for a virtual experience.



## COURSES OFFERED BY RASA

### RASA – DIPLOMA & CERTIFICATE COURSES – 2021-2022



The certificate and Diploma courses in Music and Dance are knowledge expansion courses for students of the art forms.

Due to pandemic sessions were conducted online & examination was held at RASA – centre Chennai.



Certificate Courses - Syllabus			
Certificate Course – Bharatanatyam (6 Months)		Certificate Course – Carnatic Vocal (6 Months)	
THEORY	PRACTICAL	THEORY	PRACTICAL
1. Adavus	1. Adavus	1. Sargam	1. Sargam - 10
2. Tala	2. Panchajanya	2. Jantara Varial - 5	2. Jantara Varial - 5
3. Layam	3. Alaripu	3. Greatness of Indian Music	3. Greatness of Indian Music
4. Ragam	4. Suktam (or) Vrutam	4. Dhruthi Varial - 1	4. Dhruthi Varial - 1
5. Ishti		5. Alankaram - 7	5. Alankaram - 7
6. Saptha Taalam		6. Geetham - 1	6. Geetham - 1
7. Samyuktha Hastas - Viniyogam		7. Varanam - 1	7. Varanam - 1
8. Asamyuktha Hastas - Viniyogam		8. Keerthana - 2	8. Keerthana - 2
9. Bharatanatyam (Nrittam, Nrityam)			

Diploma Course - Syllabus	
Diploma Course – Bharatanatyam (10 Months)	
THEORY	PRACTICAL
1. Classification of Taalam	1. Adavus
2. Abhinayam	2. Alaripu
3. Devata Hastas	3. Jathiswaram
4. Korvai	4. Varnam
5. Theerthanam	5. Padam
6. Nadai	6. Tillana
7. Nayaka & Nayaki Bedas	
8. Tanjore Quartette	
9. Samyuktha Hastas - Viniyogam	
10. Asamyuktha Hastas - Viniyogam	
11. Ashtavidha Nayikas	
12. Introduction to Kuchipudi & Odissi Dance Forms.	

Diploma Courses - Syllabus	
Diploma Course – Carnatic Vocal (10 Months)	
THEORY	PRACTICAL
1. Greatness of Indian Music	1. Sargam - 10
2. 72 Mela Kartha Raga structure	2. Jantara Varial - 5
3. Present day Ragas	3. Melabhari Varial - 5
4. Veena, Violin, Mridangam - Structure, Making, Method of Playing.	4. Dhruthi Varial - 2
5. Grammar & Structure of Various Raagas	5. Alankaram - 7
6. Trinity of Tamil Music - History & Contribution to Carnatic Music	6. Geetham - 1
7. Classification of Taalam	7. Svarajathi - 1
8. 10 Types of Gamakas	8. Varnam (2 speeds) - 1
9. Abraham pandithar, Lakshmanapillai - History	9. Keerthana - 3 (Compositions of Trinity of Carnatic Music)
10. Growth of Carnatic Music	10. Tamil Keerthana - 1
11. Present Day Music	
12. Greatness of Taalam	

## EXAMINATION AT RASA CENTER CHENNAI.



# RASA - ANBUDAN



The young adults and adults with differing abilities RASA Sristi & RASA Sriyam are empowered with life skills and vocational training. All the hand made products and books are available at <https://rasatrust.myinstamojo.com/> for sales.

RASA - Anbudan Showcases products made not only products from Sriyam and Srishti but it's an inclusive effort to sell products from many other NGOs as well. Arts and Crafts made by the disadvantaged sections of the society is identified and encouraged to make products required to suit modern needs.

## Some pics of the products must be inserted

**We sell the products at stalls**

**Stalls for the year 2021-2022**

**The Hyatt**

**L & T**

**Due to pandemic we didn't raise stalls this year.**

## RASA VENDORS



**Olaipetti**



**Bamboo Craft Hub**



**The Paper Dolphin**



**The Gift Wrap Company**

# RASA CULTURAL CENTRE



RASA Cultural Centre is located in the heart of the city! Our very own Raja Annamalipuram with a seating capacity of 40 people. RASA Cultural Centre can be booked for chamber concerts, music / dance/upanyasams book releases and related events.

A space to hold small events, Rehearsals, Cultural sessions, discourses with sound system and airconditioner.







## RASA WEB CHANNEL

“Unifying through the Artistic Experience”, being the vision of RASA, it introduces the Rasa Web Channel as one of its facets. Rasa Web Channel is a pure culture channel that provides multifarious cultural programs for the benefit, entertainment and self upliftment of people around the world. The audience can enjoy, relax and learn from various content rich cultural programs anytime and anywhere, free of cost. It is also a unique online platform that encourages the people around the world to participate and share their talents in various art forms to promote themselves and support a social cause.

### SOME PROGRAMMES OF RWC :

#### ➤ **Paattu Class**

Rasa Web Channel telecast episodes of Paattu classes taught by Dr. Ambika Kameshwar. The show projects online classes for music trainers to learn different Carnatic songs. It guides the learner to understand and practice the songs in a proper manner.

#### ➤ **Ramayanam**

The story of Ramayana is being explained by Mr.G Kameshwar . A structured storyline is being projected to the listeners through slokas and the narrations are done in such a way that different aspects of the Ramayana is brought out.

#### ➤ **Isai Perurai**

The episodes of Isai Perurai- A Musical Discourse by Dr. Ambika Kameshwar enhances both divinity and current scenarios related to life lessons. The show brings in inner peace and journey that a listener wish to seek through Music and Religious stories.

#### ➤ **Thank You for my Art**

The Episode showcases young budding artistes sharing their moments of their artistic journey .

#### ➤ **Ramana Rasanubhavam**

This show is produced by Ramana Maharshi Centre for Learning Bengaluru, showcases various speakers who share important life lessons from the teachings of Bhagavn Sri Ramana Maharshi.

➤ **Interview of Senior Artistes**

The web channel telecast Interviews of Legendary Gurus, interviewed by Dr. Divyasena on behalf of Rasa Web Channel. It explores methodologies and experiences gained by the gurus in their course of learning and teaching in the past years. The interview guides young talents to understand what the gurus have achieved and implement in our practices.

➤ **Yuva Dance**

The solo and group recitals of various dancers are put together as Yuva dance episodes. Many upcoming dancers get a platform to show their talent through Rasa Web Channel as the episodes reach to a wider range of audience and rasikas. These opportunities help the dancers to develop their talent and perform more.

➤ **Music Archives**

Showcases Evergreen compositions of great music stalwarts.

➤ **Sri Ramana Leela**

The Production series about the life of Ramanar has been performed in any sabha-s and cities. The snippets of these productions are telecasted in Rasa Web Channel for audiences who couldn't watch it live. These episodes are a soulful experience for devotees of Ramanar and the performers themselves.

➤ **Interview with Special People**

RASA Web Channel telecasts interviews of special people who are students of Rasa. The main idea of the show is to portray the talents of these students and add on some of the snippets of their past performances. The episodes give us a happy note as their parents speak about how proud they look upon to their children.

➤ **Natyarasalahari**

The knowledge gaining episodes of Rasa Web Channel is put together as Natyarasalahari- an initiative to know about the journey of the Senior Gurus in the field of Bharatanatyam. The shows are in form of seminars, where the gurus talk about the important lessons of the art form and share some moments of their dance journey. The Rasikas would gain a wide range of experience through the speech and demonstrations.

➤ **Bhagavad Gita**

Dr Ambika Kameshwar provides detailed insights on each chapter of Bhagavad Gita

➤ **Mahabharatam**

Certain incidents of Mahabharata is explained by Mr. Kameshwar in RASA's Web Channel. The episodes extract important concepts of life which is being portrayed in Mahabharata. The nuances of the characters and incidents are explained in detail.

# RASA's SOCIAL MEDIA



[www.rasaindia.org](http://www.rasaindia.org)



[communications@rasaindia.org](mailto:communications@rasaindia.org)



[RASA - Ramana Sunritya Aalaya](#)



**9840139607**

# OUR TEAM

Senior Management	
Dr Ambika Kameshwar	Director
Dr Vaishnavi Poorna	Deputy Director
Mrs. Chitra Visweswaran	Trustee
Mrs. Hema Srinivasan	Trustee
Mr. Venkatakrishnan	Trustee
Mr. SM Natarajan	Trustee

Advisory Board	
Mr. S. Mahalingam	
Mr. G Kameshwar	
Mr. M. Balasubramaniam	
Dr. Sarada Natarajan	
Ms Shubharanjani Ananth	

<b>Administrative Staff</b>	
Mr. V. Sundhar	Senior Executive - Public Relations
Mr. P. Vijayakumar	Senior Executive - Finance
Mrs. Anandhi Chandrasekar	Senior Officer
Mrs. Renuka Krishnan	Senior Officer
Ms. N Jayshree	Programme Executive - RASA Web Channel
Mrs. Varshine Hariharan	Accounts and Admin Assistant
Ms. Ritu Agrawal Shah	Coordinator- Reports and Grants

<b>Senior Theatre Facilitators</b>	<b>Theatre facilitators</b>
Usha Sankaran	Bhuvana Shivakumar
Shanthi Paul	Lakshmi Shivashankar
Kamala Ramaswamy	Elizabeth
	Rukmani
	Kamala Ramasamy

<b>Rasa- The Experience of Art</b>	
KR Sundar	Manager – ANBUDAN
Latha Seshadri	Products and Reports Coordinator

<b>Drivers</b>	<b>Helpers</b>	<b>Volunteers</b>
Rajesh	Uma – Office	Satyabhama
Mohan S	Kavitha	Dhanalakshmi
	Sharmila	Margret Buch
	Selvi- Tiruvanmiyur	
	Gowri - Tiruvanmiyur	

<b>Sriyam</b>	
Lakshmi Sarvanan	Unit Head
N. Johnsi	Assistant

<b>Special Employees at Sriyam and Srishti</b>	<b>Special Employees RASA - Aadharan</b>
Archana	Harish
Aarthi	Vidya Sagar
Arun	Hrishikesh
	Hemanth
Deepa	Prajwal
Deepthi	Priyanka DM
	Priyanka Polley
	Chandana
Guru	Chethan
Varun	Mahesh
Mastan	Rakshitha
Naveen	
Sujani	
Prajithram	
Prasanth	
Rashmi	
Sangeetha	
Sripriya	

RAMANA SUNRITYA AALAYA TRUST			
BALANCE SHEET FOR THE YEAR ENDED 31.03.2022			
Particulars	Schedule	As on 31.03.2022 Rs.	As on 31.03.2021 Rs.
<b>SOURCES OF FUNDS</b>			
Capital Fund	1	8,991,833	8,131,733
Building Fund	2	1,461,119	1,461,119
Corpus Fund	3	4,807,448	4,297,452
Loans	4	-	2,441
Current Liabilities	5	410,245	213,746
<b>TOTAL</b>		<b>15,670,645</b>	<b>14,106,492</b>
<b>APPLICATION OF FUNDS</b>			
Fixed Assets	6	3,882,710	4,039,992
Current Assets			
Cash and Bank Balances	7	3,034,016	1,466,604
Other Current Assets	8	8,753,920	8,599,895
<b>TOTAL</b>		<b>15,670,645</b>	<b>14,106,492</b>

For R. Subramanian and Company LLP  
Chartered Accountants  
FRN - 004137S/S200041

*R. SubM*  
R Sudarshan  
Partner  
Membership No. :210727  
UDIN: 22240727BACAD9293  
Place : Chennai  
Date : 30.09.2022



For Ramana Sunritya Aalaya Trust

*Dr. Ambika Kameshwar*

Dr. Ambika Kameshwar  
Director

RAMANA SUNRITYA AALAYA TRUST			
INCOME AND EXPENDITURE ACCOUNT FOR THE YEAR ENDED 31.03.2022			
Particulars	Schedule	As on 31.03.2022 Rs.	As on 31.03.2021 Rs.
<b>INCOME</b>			
Donations received	9	7,284,104	5,254,940
Grants received	10	225,000	874,000
Course Income received	11	138,000	219,000
Other Income	12	724,148	755,786
<b>Total Income</b>		<b>8,371,252</b>	<b>7,103,726</b>
<b>EXPENDITURE</b>			
Project Expenses	13	5,282,249	4,807,416
Postage and Printing expenses	14	71,777	57,318
Electricity Charges	15	47,944	54,202
Repairs and Maintenance	16	222,512	134,431
Course Expenses	17	65,875	20,800
Professional Fees	18	806,580	154,957
Depreciation	19	180,283	190,880
Admin Expenses	20	20,838	416,077
Other Expenses	21	813,094	317,969
<b>Total Expenditure</b>		<b>7,511,152</b>	<b>6,154,050</b>
<b>Excess of Income over expenditure</b>		<b>860,100</b>	<b>949,676</b>

For R. Subramanian and Company LLP  
Chartered Accountants  
FRN - 0041375/S200041

*R. Sudarshan*



R Sudarshan  
Partner  
Membership No. 240727  
UDIN: 22240727BACADF9293

Place : Chennai

Date : 30.09.2022

For Ramana Sunritya Aalaya Trust

*Dr. Ambika Kameshwar*

Dr. Ambika Kameshwar  
Director

RAMANA SUNRITYA AALAYA TRUST

BALANCE SHEET SCHEDULES

Particulars	As on 31.03.2022		As on 31.03.2021	
	Rs.	Rs.	Rs.	Rs.
<b>EQUITY AND LIABILITIES</b>				
1. Capital				
Rasa's Capital	8,131,733		7,182,057	
Add: Excess of income over expenditure	860,100	8,991,833	949,676	8,131,733
2. Building Fund		1,461,119		1,461,119
3. Corpus Fund		4,807,448		4,297,452
4. Loans				
Secured Loans - Indian Bank - LOD	-	-		2,441
5. Current Liabilities				
Salaries Payable	200,773		88,081	
Professional Fees Payable	60,530			
Tds Payable	34,743			
Lions Club of Tiruvanniyur	20,000		20,000	
Artspire	20,000		-	
Mr Raghavendra Rao	20,000			
Mr. Murugan	18,000		40,000	
Dolphy Vision	14,400		5,500	
Provident Fund	13,079		29,641	
Mrs. Rajalakshmi	10,000			
DJR Video's	-		15,300	
V.N.S.Manohar Theatres	-		11,565	
Rasa Aadharan's Advance	-1,280	410,245.00	3,659	213,746
<b>TOTAL</b>		<b>15,670,645</b>		<b>14,106,492</b>



ASSETS				
<b>6. Fixed Assets</b>				
Building A/c	185,234		205,816	
Computer	69,893		85,822	
Electrical Equipment	53,659		63,128	
Furniture	129,939		144,377	
Land @ Karunkuzhipallam	2,849,950		2,849,950	
Motor Car - Eco	231,606		272,478	
Office Equipment	70,556		83,008	
R.A.Puram Shed	121,868		135,409	
Tata Winger	170,005	3,882,711	200,006	4,039,992
<b>7. Cash and Bank Balances</b>				
Cash-in-hand	642		8,514	
Bank Accounts	3,033,374	3,034,016	1,458,090	1,466,604
<b>8. Other Current Assets</b>				
Accrued Interest	224,455		259,554	
Course Fee Receivable	-		2,100	
Deposits (Asset)	7,490,332		7,181,867	
Loans & Advances	749,808		706,508	
Rasa The Experience of Art	153,492		287,005	
TDS	66,833		68,861	
TAHD Course Income Receivable	63,000		63,000	
TNMFAU Course Income Receivable	6,000		31,000	
		8,753,920		8,599,895
<b>TOTAL</b>		<b>15,670,646</b>		<b>14,106,492</b>



RAMANA SUNRITYA AALAYA TRUST

INCOME & EXPENSES SCHEDULES

INCOME:	As on 31.03.2022	As on 31.03.2021
<b>9. Donations</b>		
Donations Received - Foreign Contribution	247,887	611,609
Donations Received - Others	7,036,217	4,643,331
<b>Total</b>	<b>7,284,104</b>	<b>5,254,940</b>
<b>10. Grants</b>		
Government Grant Received	225,000	874,000
<b>11. Course Income</b>		
TAHD Course Income	-	63,000
TNFAU Course Income	138,000	156,000
<b>Total</b>	<b>138,000</b>	<b>219,000</b>
<b>12. Other Income</b>		
Other Income	244,702	45,790
Interest on Bank Deposit	479,446	709,996
<b>Total</b>	<b>724,148</b>	<b>755,786</b>
<b>Total Income</b>	<b>8,371,252</b>	<b>7,103,726</b>



<b>EXPENDITURE:</b>		
<b>13. Project Expenses</b>		
Salaries	2,547,375	1,732,350
Bonus and Incentives	16,500	288,750
Employer contribution of EPF	157,451	129,386
Rent	1,521,000	1,295,000
Amenities paid	65,000	55,000
Travelling & Conveyance	413,974	655,560
Vocational Centre Expenses	11,842	58,360
Research and Documentation	25,675	187,200
Programme Expenses	392,241	405,810
Other Project Expenses	131,191	
<b>Total</b>	<b>5,282,249</b>	<b>4,807,416</b>
<b>14. Postage and Printing Expenses</b>		
Postage and Telephones	41,068	45,708
Printing & Stationery	30,709	11,610
<b>Total</b>	<b>71,777</b>	<b>57,318</b>
<b>15. Electricity Charges</b>		
Electricity Charges	47,944	54,202
<b>16. Repairs and Maintenance Expenses</b>		
Vehicle Maintenance	78,081	28,070
Vehicle Insurance	17,857	18,065
Website Maintenance	9,859	34,485
Repairs and Maintenance	116,715	53,811
<b>Total</b>	<b>222,512</b>	<b>134,431</b>
<b>17. Course Expenses</b>		
TAHD Course Exps.	8,000	-
TNFAU Course Exps.	57,875	20,800
<b>Total</b>	<b>65,875</b>	<b>20,800</b>
<b>18. Professional fees</b>		
Consultancy Charges	806,580	135,057
Legal fee	-	19,900
<b>Total</b>	<b>806,580</b>	<b>154,957</b>



<b>19. Depreciation</b>		
Depreciation	180,283	190,880
<b>20. Admin Expenses</b>		
Staff Salary	-	398,400
Staff Welfare & Training Exps	20,838	17,677
<b>Total</b>	<b>20,838</b>	<b>416,077</b>
<b>21. Other Expenses</b>		
Bank Charges and Interest	3,672	16,341
Commission paid	-	3,600
Donation paid	306,000	-
Webtv Expenses	12,076	90,400
Cultural Centre Exps.	31,300	20,150
Promotional Expenses	260,000	180,000
Miscellaneous Expenses	200,046	7,478
<b>Total</b>	<b>813,094</b>	<b>317,969</b>
<b>Total Expenses</b>	<b>7,511,152</b>	<b>6,154,050</b>



<u>Depreciation</u>						
Description	Rate	Gross Block			Depreciation	Net Block WDV as on 31.03.2022
		WDV as on 01.04.2021	Additions >180 days	Additions <180 days		
Building A/c	10%	205,816	-	-	20,582	185,234
Computer	40%	85,822	-	23,000	38,929	69,893
Electrical Equipment	15%	63,128	-	-	9,469	53,659
Furniture	10%	144,377	-	-	14,438	129,939
Motor Car - Ecco	15%	272,478	-	-	40,872	231,606
Office Equipment	15%	83,008	-	-	12,451	70,556
R.A.Puram Shed	10%	135,409	-	-	13,541	121,868
Tata Winger	15%	200,006	-	-	30,001	170,005
<b>TOTAL</b>		<b>1,190,042</b>	<b>-</b>	<b>23,000</b>	<b>180,282</b>	<b>1,032,761</b>



<b>DONORS LIST FOR THE YEAR 2021-2022</b>	
<b>Donor's Name</b>	<b>Amount</b>
<b>Morethan Rs.10,000/- Donor List for the year 2021-22</b>	<b>Rs.</b>
M/s.Azim Premji Foundation	31,95,600
M/s.Tata Elxsi Ltd	20,00,000
M/s.Bambino Educational Trust	5,10,000
CAF America	2,37,451
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Sri.A.R.Srinivasan	10,000

## TESTIMONIALS



**Mrs. Raji, Chennai**



Thank you so much for the session Dr. Vaishnavi Poorna. I really admire your courage and patience.



**Mrs. Radha, Chennai**



Dr. Vaishnavi Poorna, your class with all the children was so exciting for Janani especially because she has been craving to see her friends. Besides, you gave each student a chance & made everyone participate. Thanks a lot

## TESTIMONIALS

**I listened to the full program.  
Marvellous, An encouraging  
opportunity for every student  
to make them feel good and  
confident. Great efforts by  
teachers of RASA. God bless  
RASA and the children.  
-Jayakanth's Dad**

**Congratulations to the entire  
RASA Team. Can recognise  
most of the participants from  
our observation sessions.  
Feels so nice to see them  
perform nicely after all the  
hard work and team effort.  
-Sushmita**



## TESTIMONIALS

**Awesome performance by all  
students. Thank you RASA  
Team.  
-Amritha**

**Excellent and beautiful  
performance by each and  
every student. Hats off to all.  
May God bless you.  
-Kamala Ramaswamy**

**Very beautiful performance by  
each and every student. Thank  
you RASA Team.  
-Saranya**

**Brilliant. Loved the program.  
-Varun**





## TESTIMONIALS

**A wonderful opportunity for all dancers**

**Dr.Nithyakalyani**

**It was very interesting and informative.**

**Deepa Rajiv**

**The event is so valuable that I have no words to mention and it was a place where we were able to attain quite a generous amount of knowledge within a short span. Thank for conducting such an event and my best wishes to you and your team Ambika akka. I look forth for more such events.**

**Ashwath Prakash Acharya**



## TESTIMONIALS

**It was a splendid attempt to make people aware of the great music which we have.**

**Gayathri Rajagopalan**

**The topics were diverse and threw light on some of the least focused research topics. The session was wonderfully organized**

**Krithiga Ravichandran**

